

WUSHU

COMPETITION GROUND RULES

I. DATE AND PLACE:

The 2016 Palarong Pambansa- Wushu Competition will be held from April 10-16, 2016 at Hotel St. Ellies Legazpi City, Albay.

II. COMPETITION VENUE:

Competition Venue: Hotel St. Ellies Legazpi City, Albay

III. COMPETITION EVENTS:

Group A – Who were born between January 01, 1998 to December 31, 2000

Male : 48kg; 52kg; 56kg

Female : 48kg; 52kg

Group B – Who were born between January 01, 2001 to December 31, 2003

Male : 42kg; 45kg; 48kg

Female : 42kg; 45kg

IV. PARTICIPANTS:

Only Secondary School Students who pass the Palarong Pambansa Screening procedure.

V. PARTICIPATION METHODS:

- a. Health certificate 30 days prior to the competition. Pulse and Blood Pressure.
- b. Waiver of Liabelities
- c. Each Team may compose of 2 Coach, 1 Chaperon for the girls and 10 Athletes
 - a. There should be one (1) athlete per weight category

VI. COMPETITION METHODS:

- a. The Competition shall be individual competition
- b. Knockout system will be adopted.
- c. Single round-robin will be adapted if number of competitors less than 4
- d. The Competition will be conducted in accordance with the Rules of International Wushu Federation (IWUF)
- e. Fatal kick(s) to the head as well as successive/continuous punches to the head are not permitted.
- f. The Competition time 1 minute and 30 seconds with 1 minute interval for each round.
- g. A winner will be declare as best of 2 out of 3 rounds in each bout.

VII.COSTUME AND EQUIPMENT:

- a. Competitors shall wear costume and protective gears in complience with the “Rules for International Sanda Competition”
- b. Two (2) sets of costumes; 1-red and 1-black
- c. Gum shield, jockstrap and hand-wrap must be provided by competitors themselves.

VIII.PLACING OF AWARDS:

Top three (3) men and women will be awarded respectively with Medals and Certificates.

IX. ENTRIES:

- a. Final Entry with the events and names of competitors must reach the Tournament Manager by mail or email not later than April 1, 2016.
- b. No Changes or additional entries will be accepted after the deadline.

X. CONTACT PERSON:

Address;

Dani Kei D. Basilio
c/o Jalandoni Memorial National High School
Abanilla St. Lapuz Iloilo City
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Email: basilio15_20@yahoo.com.ph
Tournament Manager; Dani Kei D. Basilio
Cellphone No. 09308749007

XI. TECHNICAL MATTERS:

Technical Meeting of coaches will be on April 10, 2016 at Hotel St. Ellies Legazpi City, Albay time 10:00 AM. Matter of the competition will be discuss each team may send 2 representative.

XII. OTHER MATTERS:

- a. Each team shall strickly abide by the Rules of DepEd and the Organizing Committee.
- b. Those who will violate the Rules and regulation will be death with according to the regulation of DepEd.
- c. Teams may bring video cameras for the documentation of the bout(s).